Nork with Burgh Heath Parish News and Updates - Thursday 14 May 2020

Dear Church Family and Parish Friends,

Hoping this finds you well and continuing to cope in these unsettled times.

As with each week, this email is to let you know what is going on in the parish and the news from the church family.

This week the following items are included:

1) Christian Aid Week prayer materials

2) Information on free counselling, provided by the Association of Christian Counsellors

3) A list of people who need our prayers especially this week

4) A reminder about our remaining Zoom events in the month of May

5) An update on the current instructions regarding church meetings and church buildings

As always, I send love and am praying for you lots... Please see below for the details on each of these points. Love and prayers Alex 07312 113019

1) Christian Aid Week Materials

This week is Christian Aid week and a small group of us met, via Zoom, to pray for the work of Christian Aid in response to the Coronavirus Crisis in poorer countries across the world on Monday evening. Attached, as a PDF, is the prayer resource we used - please do use it to help you pray for Christian Aid this week. Later in the year (or when we safely can) we hope to hold a Christian Aid event in place of the quiz we would have held this May.

2) Free Counselling Sessions for those who work within an NHS setting (including paramedics), or those who have been bereaved at this time (whether Covid-19 is the cause or not)

The Association of Christian Counsellors are offering 10 free counselling sessions to anyone who works within an NHS setting, who has been caring for Covid-19 patients and is struggling with this and/ or for anyone who has been bereaved in recent weeks (whether from Covid-19 or not).

3 information leaflets are attached and you can self refer - and this is entirely confidential.

This is an extraordinarily generous offer by Counsellors who are Christians across the UK who are offering their skills free to help others who are struggling, as their way of helping respond to the crisis we find ourselves in.

Please do chat if you would like to explore whether this may be helpful to you and a conversation would help - or simply 'go for it' if you fit into these two categories.

3) People in particular need of our prayers this week

a) Please continue to pray for those who are ill, and under treatment and for wisdom for the medics treating and helping them

b) Please pray for those who have been bereaved recently and have family funerals this month

4) Zoom events during the rest of May:

Please see the table below for the remaining Zoom events this May: (More to follow in June - 'watch out' in the coming weeks!)

| 9 am Parish 'Said Worship', followed by coffee & chat | This is for everyone in the parish and is in addition (and different) to our worship@home sent out by email each week |
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| 10 am Worship for children & their special adults | This is particularly aimed at children (and their special adults) from either church - and is chiefly an opportunity for the children to see each others faces, catch up and worship God together |
| 2 pm St. Paul's Prayer | This is for St. Paul's members, and will include an opportunity to catch up, share prayer needs, and then to follow the Church of England set prayers for the day |
| 4 pm St. Mary's Prayer | This is for St. Mary's members, and will include an opportunity to catch up and then to share prayer needs and pray for them spontaneously, either silently or out loud |
| 9 am Parish 'Said Worship', followed by coffee & chat | This is for everyone in the parish and is in addition (and different) to our worship@home sent out by email each week |
| 2 pm Parish Coffee & chat | For anyone in the parish who would appreciate the opportunity to meet with other church family members online and share news |
| 9 am Parish 'Said Worship' (including a culmination to the Church of England 'Thy Kingdom Come Prayer Week'), followed by coffee & chat | This is for everyone in the parish and is in addition (and different) to our worship@home sent out by email each week |
| | followed by coffee & chat 10 am Worship for children & their special adults 2 pm St. Paul's Prayer 4 pm St. Mary's Prayer 9 am Parish 'Said Worship', followed by coffee & chat 2 pm Parish Coffee & chat 9 am Parish 'Said Worship' (including a culmination to the Church of England 'Thy Kingdom Come Prayer Week'), followed by |

As always, please let me know if you'd like an invitation to any of these events - so that materials needed can be sent to you in advance. (If you have already been attending you will automatically receive an invitation to the next associated event).

5) An update on the current instructions regarding church meetings and church buildings

This last week, Vicars have been given permission by the Diocese of Guildford to re-enter our church buildings for prayer on behalf of the church family. I will be doing this in both St. Paul's and St. Mary's on a regular basis until such a time as when more of us can join together again.

Other than this, for the current time, we remain online for our worship. I will continue to update you as anything changes regarding this, but for now will email you (as usual) this week on Saturday with the worship materials for Sunday.

With love and prayers Alex

Rev Alex Williams Vicar Parish of Nork with Burgh Heath

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