House of Prayer: June-July 2021

Time Aside: Weekend Individually Guided Retreat

Fri, 11 Jun, 7:00 pm Sun, 13 Jun 2021, 4:00 pm

Led by the House of Prayer Team

This retreat provides an opportunity to step aside from the busyness of everyday life and spend time in quiet prayer and reflection. A retreat guide will be available for daily individual meetings to accompany you through the retreat. Above all, this retreat is a time of listening to God who is present in the experiences of prayer and daily living.

There are two ways of participating in this retreat, from your own home or residentially at the House of Prayer. In both cases, all communal prayer meetings and spiritual direction will be online using the Zoom platform. If you wish to attend this retreat from the House of Prayer you will need to bring a laptop or device with you.

Arrive in time for supper at 7pm on Friday and leave at 4pm on Sunday.

Residential retreat cost: £180

Retreat from home cost: £60

Seeing in the Dark – Meeting God within struggle and uncertainty

Saturday, 26 June 2021, 10:00 am - 4:00 pm

Led by Christopher Chapman via Zoom

Life is joyful, beautiful and a rich blessing, but also sometimes difficult, painful and mysterious. This day will draw on imagery from the Christian spiritual tradition to explore the part struggle plays within our growth and our experience of God, with insights from the writings of John of the Cross, Julian of Norwich, George Herbert and Gerard Manley Hopkins. With their help we learn to travel by night deeper into God. We discover how Christ willingly falls into the depths of our difficulty. We wrestle with God yet find ourselves held by love. We learn to move in rhythm with the changing seasons of our lives. We travel the trackless wastes between endings and beginnings and find hope along the way.

Cost: £30

The Experience of God

Mon, 5 Jul 2021, 6:00 pm - Wed, 7 Jul 2021, 4:00 pm

Led by Jill Benet

This retreat explores The Experience of God by Raimon Panikkar and is underpinned by extended periods of Centering Prayer and meditation.

Arrive in time for supper at 6pm on Monday and leave by 4pm on Wednesday. Cost: £180

Going Within: Centering Prayer Immersion Weekend

Fri, 9 Jul 2021, 7:00 pm - Sun, 11 Jul 2021, 4:00 pm

Led by Jill Benet

This weekend offers the opportunity to spend time in silence with a small group and deepen the experience of Centering Prayer. This retreat is suitable for those experienced in Centering Prayer as well as those establishing their practice. Cost: £180

Going Deeper: Individually Guided Retreat

Thu, 15 Jul 2021 7:00 pm - Tue, 20 Jul 2021, 11:00 am The House of Prayer (map) Led by the House of Prayer Team

This retreat provides an opportunity to step aside from the busyness of everyday life and spend time in quiet prayer and reflection. A retreat guide will be available for daily individual meetings to accompany you through the retreat. Above all, this retreat is a time of listening to God who is present in the experiences of prayer and daily living.

Arrive in time for supper at 7pm on Thursday 15 July and leave after 11am on Tuesday 20 July. Residential retreat cost: £450

Open Day

Saturday, 24 July 2021, 12:00 pm to 4:00 pm

This year we are opening our doors and garden to anyone who would like to call in and find out what we do and what we offer at the House of Prayer. Tours will be available. Come and learn more about

the Sisters of the Christian Retreat and their founder, Father Anthony Receveur. Tea, coffee, home-made savouries and cakes will be provided.

Touching Silence in Body and Mind

Fri, 30 Jul 20217:00 pm - Sun, 1 Aug 2021, 1:00 pm

Led by Jacqueline Evans

Jacqueline Evans is an Alexander Technique teacher for whom Alexander principles profoundly deepen the experience of meditation. On this retreat she will be teaching techniques for rediscovering your inherent ease and freedom, which help to calm your breath and quieten your body-mind, both on and off the meditation cushion or chair. Using some of the principles of Alexander Technique you will discover ways of touching into Silence as you go about your life.

Cost: £180

To book or for more information, please e-mail <u>admin@christian-retreat.org</u>. Booking is not necessary for the Open Day on 24th July.